

Ovum Donor Program – CEGyR
Dr. Demián Glujovsky

Recipient Medications

Oral contraceptive pills: On the **first day** of your next menstruation, you will have to start with oral contraceptives for 21 days. At this step, we will plan probable dates for traveling to Argentina.

Leuprolide acetate (Lupron 3.75 depot): On **day 19**, you will have to use Lupron Depot 3.75 (intramuscular). Used for hormonal suppression and prevention of early ovulation.

You will have to do a **transvaginal ultrasound** done on the 2nd or 3rd day of the next menstruation. I will also need to know the **estradiol level in blood** (the same day of the ultrasound)

- E-mail me with those results
- I will instruct you to start with estrace 2 mg (twice a day)

Estradiol (Estrace 2 mg): 2 mg tablets orally twice daily. It prepares the lining of the uterus for embryo transfer.

Ten days after starting Estrace, you will have to do a **transvaginal ultrasound**.

- E-mail me with those results
- You will probably be ready for receiving the oocytes. At this step, we will plan final dates for traveling to Argentina.

Progesterone (Progesterone in oil or in suppositories): I will instruct you when to start with progesterone (after oocyte retrieval). It thickens the lining of the uterus.

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